



WILLOW  
ARTS  
COMMUNITY

WINTER 2020

# PROFESSIONAL ARTS TRAINING

COURSE GUIDE



## FEATURED MEMBER ARTIST | WINTER 2020

# DEVON HOPCRAFT

Willow Arts Community is a non-profit organization dedicated to removing barriers for artists living with mental illness/substance use to access creative spaces to make & exhibit work, exchange & advance skills, & expand networks.

We use the arts as an agent of social change by connecting & engaging the public through exhibitions, publications, & performances to lessen the effects of stigma & social isolation.

### Contact Us

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### Follow Us

 [/thewillowcommunity](https://www.facebook.com/thewillowcommunity)

 [/thewillowcommunity](https://www.instagram.com/thewillowcommunity)

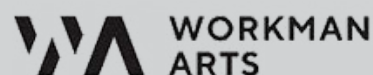
## SPECIAL THANKS TO OUR FUNDERS



GENEROUSLY SUPPORTED BY THE ST. CATHARINES  
CULTURAL INVESTMENT PROGRAM (SCCIP)



## SPECIAL THANKS TO OUR PROGRAM PARTNERS



Brock University

# WINTER 2020 ARTIST INSTRUCTORS

visit [thewillowcommunity.com/arts-instructors](https://thewillowcommunity.com/arts-instructors)  
to learn more about our instructors

A close-up portrait of Elizabeth Chitty, a woman with short blonde hair and glasses, smiling. The background is dark with a blue light source on the left.

**ELIZABETH  
CHITTY**

A close-up portrait of Andrea Eby, a woman with dark hair, looking directly at the camera with a neutral expression.

**ANDREA  
EBY**

A portrait of Shauna Macleod, a woman with long brown hair and bangs, smiling. The background is a vibrant red with a geometric pattern.

**SHAUNA  
MACLEOD**

A close-up portrait of Azra Momin, a woman with dark hair, smiling broadly. The background is dark and out of focus.

**AZRA  
MOMIN**

A portrait of Joe Lapinski, a man with dark hair and a beard, wearing a dark shirt. The background is dark and out of focus.

**JOE  
LAPINSKI**

A portrait of Jason Lupish, a man with short dark hair and a beard, wearing a blue shirt. The background is dark and out of focus.

**JASON  
LUPISH**

A close-up portrait of Michelle Nicholls, a woman with long dark hair and green eyes, smiling. The background is dark and out of focus.

**MICHELLE  
NICHOLLS**

A portrait of Catherine Parayre, a woman with short grey hair, wearing a red beret and sunglasses. The background is light and out of focus.

**CATHERINE  
PARAYRE**

A portrait of John Sweeney, a young man with short brown hair, looking directly at the camera. The background is a bright, outdoor setting with green foliage.

**JOHN  
SWEENEY**

A close-up portrait of Curtis Tye, a man with short dark hair, smiling. He is holding a wooden stick or pencil near his ear. The background is a plain, light-colored wall.

**CURTIS  
TYE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JANUARY	6 ● 1:00-3:30	7	8	9	10	11	12
	13 ● 1:00-3:30 ● 3:00-5:00	14	15	16	17	● 1:00-3:00	18 19
	20 ● 1:00-3:30 ● 3:00-5:00	21	22 ● 6:00-9:00	23 ● 2:30-4:30	24	25	26
	27 ● 1:00-3:30 ● 3:00-5:00	28 ● 2:00-4:00	29 ● 6:00-9:00	30 ● 2:30-4:30	31	1	2
FEBRUARY	3 ● 1:00-3:30 ● 3:00-5:00	4 ● 2:00-4:00	5 ● 2:00-4:00 ● 6:00-9:00	6 ● 2:30-4:30	7	8	9
	10 ● 1:00-3:30 ● 3:00-5:00	11 ● 2:00-4:00	12 ● 2:00-4:00 ● 6:00-9:00	13 ● 2:30-4:30	14	15	16
	17	18 ● 2:00-4:00	19 ● 2:00-4:00 ● 6:00-9:00	20	21 ● 1:00-4:00	22	23
	24 ● 1:00-3:30 ● 3:00-5:00	25 ● 2:00-4:00	26 ● 2:00-4:00 ● 6:00-9:00	27 ● 2:30-4:30	28	29	1

## CLASSES

### ● OPEN STUDIO

#### MIXED MEDIA

Member Artist Led  
12 Weeks; Mondays 1:00 - 3:30  
(35 Member Artist capacity)

Open Studios are a weekly hub of creativity, resource sharing, knowledge exchange, and fun! Bring materials from home or work with selected provided materials. Member Artist Heather Goulet will lead small book arts & journaling seminars this season.



### ● SONGS FROM THE WILLOW

#### PERFORMING ARTS - MUSIC

Joe Lapinski & Shauna MacLeod  
12 weeks; Wednesdays 6:00 - 9:00 PM  
(25 Member Artist capacity)

Join the band The Committed Sound Collective! Grab your instrument and come ready to explore the complete process of making an album of music: lyric writing, song composition, recording, performance, album production, & more.



### ● ZINE CLUB

#### LITERARY ARTS

Catherine Parayre & John Sweeney  
8 weeks; Mondays 3:00 - 5:00  
(10 Member Artist capacity)

With a critical lens on events & topics relevant to mental health & the arts, we will learn how to write articles, collaborate on written and visual presentations, & participate in the editing process for a print & digital zine publication.



### ● DRAMATIC ARTS ALIVE!

#### PERFORMING ARTS - THEATRE

Tye Curtis  
6 Weeks; Thursdays 2:30 - 4:30  
(15 Member Artist capacity)

This interactive workshop series will explore the light & lively side of drama/theatre performance; developing technique, exploring character development, physical expression, & techniques for self presentation.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MARCH	2 ● 1:00-3:30	3 ● 2:00-4:00	4 ● 2:00-4:00 ● 6:00-9:00	5 ● 2:30-4:30	6	7	8
	9 ● 1:00-3:30	10	11 ● 2:00-4:00 ● 6:00-9:00	12	13	14	15
	16	17	18 ● 6:00-9:00	19	20	21	22
	23 ● 1:00-3:30	24	25 ● 6:00-9:00	26	27	28	29
	30 ● 1:00-3:30	31	1 ● 6:00-9:00	2	3	4	5
	6 ● 1:00-3:30	7	8 ● 6:00-9:00	9	10	11	12
APRIL							

**SAVE THE DATE**  
**WINTER ARTS EXHIBITION**  
 .....  
**THURSDAY APRIL 9TH**  
**6 - 8 PM**  
 RODMAN HALL ART CENTRE

● SELF PORTRAITS

**VISUAL ARTS - WET MEDIA**

Andrea Eby  
 6 weeks; Tuesdays 2 - 4 PM  
 (15 Member Artist capacity)

Explore self-portraiture to express yourself visually, literally. Each week we will experiment with a variety of artistic styles & influences of our favourite artists through collage & painting techniques on canvas.



● I LIVE HERE

**LITERARY ARTS / BOOK ARTS**

Azra Momin  
 6 weeks; Wednesdays 2:00 - 4:00 PM  
 (15 Member Artist capacity)

Use mixed-media & art journaling techniques to write & illustrate a book with bound cover. These sessions will explore ideas of comfort, security, belonging & sense of self/sense of home.



**WORKSHOPS**

● MONO-PRINTING WITHOUT A PRESS

**VISUAL ARTS - WET MEDIA**

Michelle Nicholls  
 1 workshop; Saturday, Jan 18, 1 - 3 PM  
 (12 Member Artist capacity)

Explore the boundaries & creative potential of printmaking through the practice of mono-printing without a press using "Gelli" printing plates & household materials to produce beautiful & colourful abstract works.



● GRANT WRITING 2 - SUPPORT MATERIAL

**PROFESSIONAL DEVELOPMENT**

Elizabeth Chitty & Jason Lupish  
 1 Seminar; Friday, Feb 21, 1:00 - 4:00  
 (12 Member Artist capacity)

Learn to develop support material for OAC grant applications & other submissions, develop skills & explore platforms for digital portfolio maintenance. Photos of selected artwork and/or headshots will be taken by a professional photographer.



**LOOKING FOR SOME AWESOME, FREE EVENTS HAPPENING IN THE ST. CATHARINES ARTS COMMUNITY?**

This season we encourage our Member Artists to branch out beyond Willow's Arts Training and Open Studio.

Get to know other great artists and organizations in our community.

For more event details, visit: [thewillowcommunity.com/calendar](http://thewillowcommunity.com/calendar)

